

GEORGE ROMNEY JUNIOR SCHOOL



Headteacher:
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24.04.20

Dear parents, carers and families,

Firstly, I hope you and everyone in your house is happy and healthy and continuing to be kind and caring towards each other in these incredibly challenging times. As a staff, we have been overwhelmed by the support and encouragement you have been giving your children with their home learning. Once again, it has been an absolute pleasure to see how many different activities the children have been happily engaged in a seeing some of their finished pieces has been an inspiration to others!

A huge thank to all the children who have made cards and posters for the care home residents. Mrs Dorsett will be delivering these and I am sure they will bring a huge amount of joy and happiness to the residents. Thank you again to Daniel and his mum for inspiring such a great idea.

Please remember that during these most difficult times; circumstances for individual or families can change very quickly over a short space of time. Please continue to be good friends and neighbours to each other. If you or somebody you know in our school community needs some extra support that you think we can help with then please contact me confidentially and directly at: head@grjs.cumbria.sch.uk

Try to enjoy the weekend, take care and stay safe,

DR

David Reddy
(Headteacher)



It's OK to ask!



Who and where can you look for help?

1. *Family, friends & neighbours are a good place to start...*
2. *For advice on Free School Meals, other sources of food such as Foodbanks and Food Pantries speak to your local school who also have links with other organisations as well as voluntary groups in your area;*
3. *For advice on benefits, claiming for the first time, help with managing debt or emergency help, speak to your local Citizens Advice Service, DWP, Age UK;*
4. *Or if you're feeling low and you just need someone to talk to you can speak to a number of established community groups such as Mind, Age UK, Churches Together and also chat to someone through the GoodSam app*
5. *Use the Cumbria Emergency Helpline:*

0800 7831966

<https://cumbria.gov.uk/coronavirus>

who will be able to put you in touch with the right organisation for your needs...remember it's OK to ask!

