

**GEORGE  
ROMNEY  
JUNIOR  
SCHOOL**



**Headteacher:**  
David Reddy

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Dear parents, carers and families,

I have been pleased to see so many children taking advantage of our after-school activities this week here in school. Lots of children are working hard to keep one of our 'Romney Resolutions' to be active and get plenty of fresh air! This term, we are starting a new attempt at our 100 mile challenge which was very popular last year. All children in school (and parents) are welcome to get involved and record how much physical activity they do outside of school and record their weekly total miles. Last year, over half the school achieved the target of 100 miles; this year, we are hoping to beat that! More details will follow shortly...

I understand some parents were concerned this week that children had PE lessons outside. May I remind all parents that as a school we have always had a policy of children having two PE lessons a week; one usually with a 'games' theme, which is best done outdoors. From October half-term to February half-term we are constantly reminding the children to come prepared for these lessons and bring the appropriate footwear and clothing i.e. tracksuits trousers and long sleeved tops. I am sure we can rely on you to support us with wanting to keep your children active – especially during the winter months when the daylight hours are shorter! Please make sure they have the correct clothing in school on their PE days.

A number of children have asked staff if they can wear their new heart-rate monitors/fit-bit devices during PE. As a school our prime concern is the children's safety in lessons, which is why we do not encourage watches, rings, earrings or other jewellery. These wristband devices do not have sharp edges and are designed to be used during sports and activity. We are therefore happy to allow children to wear them with parental consent. **Please understand as a school we can take no responsibility for their possible damage during the session.** Please sign the slip below and return it to school on Monday if you are happy to give your permission.

  
David Reddy  
(Headteacher)

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**Fit-Bit/heart-rate monitor devices**

Dear Mr Reddy,

My child: \_\_\_\_\_ has my permission to wear their 'fit-bit' or heart rate monitor device in PE. I take full responsibility for any damage that may occur to the item.

Signed: \_\_\_\_\_ (parent)

