

GEORGE ROMNEY JUNIOR SCHOOL



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Dear parents, carers and families,

In School Council meetings and in classrooms, the children have been talking about looking after their mental health! In preparation for Children's Mental Health Week (Monday 5th February) we have asked each class to think of one positive activity that they could do together on one of the afternoons that would make them all feel positive and help their mental health...It will be interesting to see what each class choose to do!

As well as thinking about good mental health, we have also been considering our physical health this week in school. Sam Hill from the Public Health Team visited the school earlier this week and shared an excellent assembly with the children about Healthy Habits. Sam returned on Thursday and ran a couple of parent workshops that were well received 😊 Sam has agreed to come back into school and host another workshop linked to 'fussy eating' as I think a couple of parents felt this would be useful too!

I look forward to catching up with parents and families the week after next when have our Parent Progress meetings here in school.

With every good wish,

David Reddy
(Headteacher)

